

RWN Training Services

QQI accredited Full time courses

- **Healthcare Support (Level 5)**
- **Information Processing (Level 5)**
- **Retail Practice (Level 5)**
- **Medical Secretary (Level 5)**

RWN students receiving their QQI awards in August 2024 for HealthCare Support course



Intercultural Art Textile Project

RWN's intercultural art textile project was finally unveiled at the Abbey hotel on Friday, 17th of May. The unveiling event was an afternoon rich in art, poetry and stories from around the world. The art piece will feature in libraries around the county until mid-September, beginning in Roscommon town from Tuesday, 25th of June.



Roscommon Women's Network

Unit 5 The Old Mill, Castlerea,

Co. Roscommon.



094 - 962 1690

info@rwn.ie

www.rwn.ie



Charity Number: 20072995

USEFUL NUMBERS

Castlerea Garda Station	094 9621630
Women's Aid	1800 341 900
Roscommon Safe Link	071 9664200
Samaritans	1850 609 090
MABS (Roscommon)	0761 07 2720
Citizens Information	0761 07 6380
LGBT support- Belong To	01 6706623

SUPPORTS & SERVICES

Some of the many supports & services available at our Drop-in / Resource Centre. Please ring the office for details of times & appointments.

- * Drop in Information Centre
- * Signposting & Referral Service
- * Community Education
- * Training & Education (QQI accredited)
- * RWN Charity Shop
- * Women's groups
- * Volunteering Opportunities
- * Support for Community Initiatives & Groups
- * Printing & Photocopying



"A woman is the full circle, within her is the power to create, nurture and transform"

Diane Mariechild

September 2024 edition



An Roinn Leanaí, Comhionannais, Míchumais, Lánpháirtíochta agus Oige
Department of Children, Equality, Disability, Integration and Youth



Women's Collective
Ireland
Roscommon

Healthy Greener You



Little horticulture, a little cookery, shopping tips, reducing waste tips, a little learning from nature, a lot of fun and more. Learn how and why small changes ordinary people can make in our everyday routine can help ourselves, nature and our world be healthier and happier.

RWN CHARITY SHOP

The RWN Charity Shop is a Social Enterprise. All profits from the shop go directly to support the work of the project and enables us to continue offering our free and low cost supports around the county. We greatly appreciate the donations which we receive from families around the county. A dedicated team of volunteers keep the shop open 6 days a week. The shop stocks good quality clothes for men, women and children. We can boast a superb book corner and DVD rack to suit all tastes.



Seeking Safety Therapeutic Program



Seeking Safety is a treatment program for women who have experienced trauma, addiction, gender-based violence and/or mental health challenges. It teaches good coping skills to help people to move beyond trauma and addiction. The core goal is to gain safety in your life and to learn to manage addictive behaviours, emotions, impulses and past traumas. It is a free program and can be done in a group or one-to-one setting and is being delivered in various locations around the county. The national Seeking Safety pilot project is supported by the Department of Health through its Women's Health Fund and is being run in partnership with six other community projects around the country. Call for a chat in strictest confidence: Lorraine 086 076 7869 or email lcampbell@rwn.ie



CycleUp Textiles

CycleUp Textiles continues to grow from strength to strength with the announcement of community services program (CSP) funding by the Department of Rural and Community Development and Pobal and funding was also confirmed in July for the RWN CycleUp Textiles Skills and Product Innovation Project which is co-funded by the Government of Ireland and European Union through the EU Just Transition Fund Programme 2021-2027. Upcycling Textiles Training continued over the summer months with an Introduction course being completed in Castlereagh in June, and in September we will be running an Upcycling Textiles Introduction evening course in Athleague and an Intermediate day time course in Castlereagh.

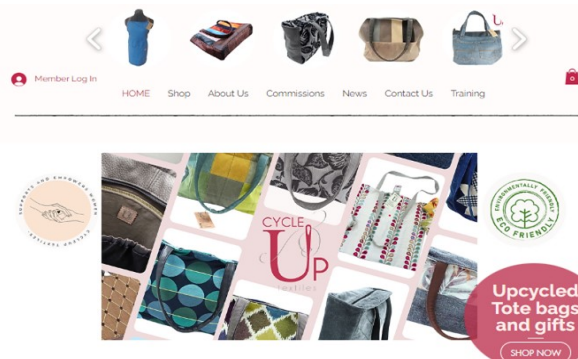


Photo of trainees who completed the Introduction to Upcycling Textiles course in June

In May we travelled to Dublin for the RDS Spring Awards and we were delighted to win the RDS Sustainable Rural Social Impact award which was then followed in August by a 5 day residency exhibiting our CycleUp products at the RDS Horse Show. We successfully wrapped up our 5 month stint in our CycleUp Pop-up Shop in Roscommon town at the end of August and were delighted with the response from customers. Coinciding with this, the www.cycleup.ie website has had a design facelift so do check out our fab range of upcycled products.

CycleUp Online Shop

The CycleUp e-store is open at www.cycleup.ie. Check out some of the beautiful fashion, homeware and giftware items all handcrafted by the CycleUp team and made from upcycled textiles. Items include: Tote Fashion Bags, Aprons, Hats, Cushions, Dog Bandanas, Christmas Decorations, Wreaths, Bunting and Souvenir Mementos.



Local election candidates at an event for women in advance of the local elections organised by Roscommon Women's Network and Roscommon County Council. Pictures: Gerard O'Loughlin

'What the Women Want'

Event organised by Roscommon Women's Network held in the Abbey Hotel, Roscommon. The event geared at women in advance of the local elections on June 7th heard from several of the candidates seeking election. The event, which was chaired by Roscommon Herald editor Christina McHugh, covered a broad range of topics important to women in the community

Roscommon Pride Festival, 23rd - 25th August

This summer Roscommon will host its first ever LGBT+ Pride from Friday the 23rd to Sunday 25th of August. RWN are proudly part of the planning committee with other local youth and community groups from across the county. RWN are proudly part of the planning committee with other groups and projects from across the county. The three-day Pride festival will begin on the Friday with a youth focused event in the Roscommon Town which will include a panel event and voguing workshop, on Saturday there'll be a number of events including a Pride march starting at 2pm and Sunday there'll be a fun run and film screening. For more info, see www.roscommonpride.com or find them on FB and IG.

